The 6th Annual Southern California LGBTQIA+ Health Conference

TOGETHER WE SHINE

Illuminating the Past, Present, & Future of LGBTQIA+ Healthcare

Sunday, February 9th, 2020
David Geffen School of Medicine
# Table Of Contents

Welcome 3  
Our Sponsors 4  
Campus Map 6  
Guidelines 7  
General Schedule 8  
Workshop Schedule 9  
Keynote Speaker 10  
Track 1. Reflection - Workshops and Speakers 12  
Track 2. Spectrum - Workshops and Speakers 18  
Track 3. Vision - Workshops and Speakers 23  
Track 4. Enlighten - Workshops and Speakers 27  
2020 Planning Committee 32  
Special Thanks 35
Welcome to the 6th Annual Southern California LGBTQIA+ Health Conference. We hope this will be a space where LGBTQIA+ health professionals, students, community members, and allies can come together to exchange ideas, build community, and find empowerment through lectures, workshops, and socials. While the LGBTQIA+ community has made great strides in healthcare equality, the current administration and political climate has continually threatened the safety of our community. It is now more important than ever that we come together, as current and future providers, advocates, and allies to support and amplify each other’s voices. We seek to inspire and empower you to take action, because we believe together, we shine.

All are Welcome Here
Our Sponsors
Premier

David Geffen School of Medicine
UCLA Health

Keck School of Medicine of USC

Keck Medicine of USC
BEYOND EXCEPTIONAL MEDICINE™

UC San Diego School of Medicine

UCR School of Medicine
Platinum

SCHOOL OF MEDICINE
UNIVERSITY OF CALIFORNIA • IRVINE
Discover • Teach • Heal

Gold

Western University
College of Podiatric Medicine

Silver

The College of Osteopathic Medicine of the Pacific
The discipline of learning. The art of caring.

UC San Diego Health

UCLA LGBTQ Lecture Series
All events will be held at the David Geffen School of Medicine in the following rooms/areas

Atrium - B Level
Garry Shandling Learning Studio (B36) - B Level
Iris Cantor Auditorium (GH 130) - Level 1
GH 148 - Level 1
GH 150 - Level 1

PARKING
Parking Structure 18 is the closest visitor parking available. Levels A, B, and C are open. $13 all day parking. Free on the weekend for eligible UCLA permit.

Wireless Internet Access (WiFi)
Free WiFi is available to all conference attendees through an unsecured network “UCLA_WEB”. The network does not require authentication and is not encrypted.
GUIDELINES

GET CONNECTED
Connect with us on Facebook and Instagram (@socallgltqiahealth). Share your day using the hashtags #socallgltqiahealth #socallgltqiahealthconference on all social media.

CONFERENCE ENVIRONMENTS
We are committed to keeping the conference venue a safe space. We urge all attendees to respect and recognize the diversity of gender identities and expressions in our communities. We reserve the right to ask anyone to leave if they are disruptive or disrespectful to any attendee or staff.

RESTROOMS
All restrooms will be made gender-neutral on the day of the conference. These restrooms may be used by anyone regardless of their gender, gender identity, or gender presentation.

PHOTOGRAPHY
Our photographers will be taking pictures of our speakers and attendees. If you would not like to be photographed, or would like to be asked before being photographed, please use the stickers given at check-in to indicate your preference.

OTHER QUESTIONS?
Reach out to any of the planning committee member and volunteer. We will have on red lanyards and will be happy to assist you.
# General Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>08:00AM - 08:45AM</td>
<td>Breakfast and Registration</td>
<td>Atrium</td>
</tr>
<tr>
<td>08:45AM - 09:00AM</td>
<td>Land Acknowledgment &amp; EDI Deans Welcome</td>
<td>Garry Shandling Learning Studio (B36)</td>
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<tr>
<td>09:00AM - 10:15AM</td>
<td>Opening Keynote</td>
<td>Garry Shandling Learning Studio (B36)</td>
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<tr>
<td>10:15AM - 10:25AM</td>
<td>Break</td>
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<tr>
<td>10:25AM - 11:45AM</td>
<td>Workshop Session 1</td>
<td>See Track Schedule</td>
</tr>
<tr>
<td>11:45AM - 01:00PM</td>
<td>Lunch &amp; Organization Fair</td>
<td>Garry Shandling Learning Studio (B36) &amp; Atrium</td>
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<tr>
<td>01:00PM - 02:20PM</td>
<td>Workshop Session 2</td>
<td>See Track Schedule</td>
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<tr>
<td>02:20PM - 02:30PM</td>
<td>Break</td>
<td></td>
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<tr>
<td>02:30PM - 03:50PM</td>
<td>Workshop Session 3</td>
<td>See Track Schedule</td>
</tr>
<tr>
<td>03:50PM - 04:00PM</td>
<td>Break</td>
<td></td>
</tr>
<tr>
<td>04:00PM - 04:30PM</td>
<td>Closing Activity and Raffle</td>
<td>Garry Shandling Learning Studio (B36)</td>
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**SoCal LGBTQIA+ Health Conference**

**Post-Con Social!!**

**WHEN:** Sunday, February 9th @ 5-7PM

**WHERE:** Broxton Brewery & Public House 1099 Westwood Blvd, Los Angeles, CA 90024

*Spots are limited to the first 100 guests.*
THE TRACKS

Reflection
Looking Backward and Inward

Iris Cantor Auditorium (GH 130)
Session 1. “The Past, Present, and Future of HIV/AIDS Healthcare” - Dr. Matthew Chase Cates and Dr. Mallory Witt
Session 2. “Let’s Talk About Health, Baby: Improving LGBTQ+ Health Disparities with Inclusive Communication Strategies” - Lindsey Lawrence, MHA
Session 3. “Mirror Mirror on the wall... Reflections from the frontline of LGBTQ HealthCare” - Dr. Ankita Kadakia

Spectrum
Celebrating Diversity and Lived Experience
GH 148
Session 1. “Expanding Definitions of Sex and Relationships to Broaden Ideas of Sexual Health” - Nina Grace Ruedas, MS, LMFT
Session 2. “Stories of Transition: Perspectives from the Transgender Community” - Dr. Alison Taur and Ms. Masumi Umezaki

Vision
The Future of LGBTQIA+ Health
GH 150
Session 1. “Improving Access and Removing Barriers to Health and Wellness in the LGBT Community” - Dr. Laura Ann Rush
Session 2. “Current guidelines for PrEP and PEP” - Dr. Jose L. Aguilar
Session 3. “LGBTQ Health Matters – How Pharmacist Can Make An Impact?” - Dr. Christina Madison

Enlighten
Revealing unaddressed Issues
Garry Shandling Learning Studio (B36)
Session 1. “Leveraging Cultural Factors to Improve the Health Outcomes of Latinx Men Who Have Sex with Men” - Dr. Homero E. del Pino
Session 2. “Non-Binary Biological Sex and the Fight for Intersex/DSD Autonomy” - Dr. Michael Kreuzer
Session 3. “Understanding Two-Spirit/Native LGBTQ Identity for the Clinical Setting” - Mr. Elton Naswood and Dr. Andrea Garcia
Schuyler Bailar is the first transgender athlete to compete in any sport on an NCAA Division I men’s team. In 2019, Schuyler finished 4 years swimming for Harvard University on what ended up being the 8th fastest men’s team in the nation and Harvard’s winningest team since 1961. Schuyler’s best swim secured him as Harvard’s 3rd fastest breast stroke swimmer for the 2018-2019 season and placed him in the top 15% of the NCAA overall. Schuyler’s difficult choice – to transition while potentially giving up the prospect of being an NCAA Champion – was historic and timely. His story has appeared everywhere from The Washington Post to 60 Minutes and The Ellen Show. Schuyler’s advocacy has earned him numerous prestigious awards including Harvard’s rarely awarded Director’s Award. Schuyler’s story focuses on the universal challenges of trying to “fit-in” in our media-rich world with integrity and authenticity. He explains his struggles and why he ultimately chose to put many potential accolades at risk to be true to himself. Because he has lived his life from many perspectives – woman, Korean American, mixed-race, gay, trans, “Harvard white guy” – his story resonates with young and old, from all walks of life.
TRACK 1.
REFLECTION

Looking Backward and Inward
The Past, Present, and Future of HIV/AIDS Healthcare

10:25AM - 11:45AM | Iris Cantor Auditorium (GH 130)

The history of HIV/AIDS healthcare is fraught with stigma and discrimination. Despite these setbacks, the medical field has made amazing advances in the field of HIV/AIDS treatment. Dr. Chase Cates will explore the history of HIV/AIDS, where we are today in terms of treatment and prevention, and where we need to go from here. Dr. Mallory Witt, who worked in San Francisco during the height of the AIDS crisis, will share her experiences caring for patients with HIV/AIDS during this time of great uncertainty.

Dr. Matthew Chase Cates, DO, MPH

Pronouns: He/Him
Dr. Matthew Chase Cates received his MPH from Texas A&M School of Rural Public Health and his DO degree from Lake Erie College of Osteopathic Medicine. While completing his residency in Arkansas, he could see many health disparities regarding LGBTQ+ health and felt he could make a difference, especially in the south. He is excited to be in Los Angeles to learn about LGBTQ+ health issues and bring his training back to the south to provide much needed care to the community.

Dr. Mallory Witt is an Infectious Diseases/HIV Medicine specialist and the Directive of the Positive Care Clinic at the Harbor-UCLA. Dr. Witt received her MD from the Stanford University School of Medicine, and trained in Internal Medicine at UC San Francisco during some of the most devastating years of the HIV epidemic. She is a Professor of Medicine at the David Geffen School of Medicine at UCLA, and has served as an investigator in numerous studies of HIV treatment and its complications, as well as cardiovascular, neurologic, renal and hepatic complications of HIV.
Improving LGBTQ+ health disparities is an important goal, but what does that look like on individual and institutional levels? It’s important to look back to understand how we got to our current state, and to look inward to find ways in which we can practice cultural humility and communicate respectfully and inclusively. Lindsey Lawrence, MHA, will provide a deeper understanding of the social determinants of health that have the biggest impact on health risks and outcomes for the LGBTQ+ community. The second half of the session will focus on interpersonal and institutional communication strategies to create welcoming, inclusive healthcare environments for LGBTQ+ patients and their families. This engaging session is recommended for clinicians and non-clinicians alike.

Lindsey Lawrence, MHA, created and chairs the Keck Pride Committee, which helps design and implement LGBTQ-related initiatives throughout Keck Medicine of USC. She has been an expert speaker and panelist on LGBTQ+ issues for 20 years, and has provided over 1000 hours of LGBTQ+ health and cultural competency training throughout Southern California.

Pronouns: She/Her
Mirror Mirror on the wall... Reflections from the frontline of LGBTQ HealthCare

2:30PM - 3:50PM | Iris Cantor Auditorium (GH 130)

This talk will address how cultural competency and social determinants of health affect the LGBTQ community. She will focus on lessons learned about transgender healthcare and HIV, and her experience in coordinating transgender health at UC San Diego (UCSD).

Dr. Ankita Kadakia is the Chief of Tuberculosis and Refugee Health for San Diego County and is an Assistant Professor of Medicine at UCSD with a focus in HIV/AIDS and LGBTQ healthcare at the UCSD Owen Clinic. Dr. Kadakia has been chair of UCSD’s Chancellor’s Advisory Committee on Gender Identity and Sexual Orientation which focuses on policy changes system wide for LGBTQIA inclusivity. She created the first Transgender HealthCare Symposium at UCSD. Dr. Kadakia is the principal investigator for the San Diego Pacific AIDS Education and Training Center where she focuses on educating community providers on HIV/AIDS and LGBTQ healthcare and has trained hundreds of healthcare workers. She also spends time in Uganda providing healthcare to rural communities and helps run a school for AIDS orphans. In her free time, Dr. Kadakia teaches Kelee meditation.

Pronouns: She/Her
TRACK 2. SPECTRUM

Celebrating Diversity and Lived Experience
Expanding Definitions of Sex and Relationships to Broaden Ideas of Sexual Health

10:25AM - 11:45AM | GH 148

This session will promote questions and inspire conversations to help challenge cultural norms and common misconceptions about sex and relationships. We will explore sexual practices, relationship arrangements, and erotic subcultures that are frequently neglected in traditional medical school sexual health education. Terminology, social cues, and strategies will be examined to provide more inclusive and affirming healthcare to LGBTQIA patients. We will practice rapport building techniques and initiating conversations from a nonjudgmental stance. The goal is to discover new ways to approach sensitive conversations with a greater sense of understanding and compassion and to reduce LGBTQIA+ patients’ fear of judgment when discussing sexual health.

Nina Grace Ruedas, MS, LMFT is the Behavioral Scientist at UC Riverside School of Medicine Family Medicine Residency Program. Her specialties include sex therapy, couples therapy, and psychotherapy with kinky folx and the LGBTQ+ population. In addition, she is an adjunct professor at Brandman University and the Co-Chair for the Society of Teachers of Family Medicine (STFM) LGBTQ Health Collaborative.

Nina Grace Ruedas, MS, LMFT

Pronouns: She/Her
Stories of Transition: Perspectives from the Transgender Community

1:00PM - 02:20PM | GH 148

For people who are transgender or gender non-conforming, transitioning can be a challenging, but also freeing and beautiful process. Everyone’s story is different, and everyone goes through different trials and victories, especially when dealing with medical professionals. Join Dr. Taur and Ms. Umezaki as they tell their stories and how the medical field impacted them during their transition.

Dr. Alison Taur received her MD from the University of Michigan Medical School, where she also met her future wife, Joyce. After getting married, Dr. Taur completed her Nuclear Medicine residency at Stanford and began her career at Kaiser Permanente. Five years ago, Alison started to have more persistent feelings that she was in the wrong body and came out to Joyce as transgender. She is now a speaker for Kaiser’s Transgender Education Program and an advocate for the transgender community.
Ms. Masumi Umezaki is an artist, public speaker, transgender rights advocate and former board member of the Long Beach and San Gabriel Valley-Asian Pacific Islander chapters of PFLAG, a family-oriented support organization promoting the acceptance and rights of LGBTQ+ people. Emily has been sharing her personal experiences, knowledge, and insights to promote a greater understanding of transgender people and issues since 2015.
End the stigma: “Multiple Personalities” has been a horror movie trope for over 50 years. Scared of us? Don’t be. Stigma ruins lives, disrupts healthcare, and wastes opportunities for connection and community. Research estimates millions of people worldwide experience being many people, parts, or identities in one body, including many trans people. Through research and community insights, you’ll gain tools to improve care and help dismantle the oppression of multiples. Q&A included.

International silence-breakers and community organizers, the Redwoods are nine people living in one trans body. Many ages and genders, they reframe Dissociative Identity Disorder or “multiple personalities” from pathologized pity to neurodivergent powerhouse. They bring the message of #PluralPride to venues in Europe and North America, including the Philadelphia Trans Wellness Conference and BBC Radio. The Redwoods also founded Mask Oakland, a queer and disabled-led grassroots disaster relief project. They are joyful facilitators, weaving backgrounds in improvisational dance, mindfulness, and environmental justice into art and social change.

redwoodscircle.com
TRACK 3. VISION

The Future of LGBTQIA+ Health
Improving Access and Removing Barriers to Health and Wellness in the LGBT Community

10:25AM - 11:45AM | GH 150

The LGBTQIA+ community encompasses all races, ethnicities, religions, and social classes. Research suggests that this community faces healthcare gaps linked to societal stigma, discrimination, and lack of appropriate knowledge on health risks. Healthcare providers have a unique opportunity to help eliminate the health disparities that the LGBTQIA+ community faces. This talk will address factors that contribute to those disparities and how healthcare practitioners can better recognize and remove barriers to health in the LGBTQIA+ community.

Dr. Laura Ann Rush was born and raised in New York City before moving to receive her undergraduate degree from the University of Connecticut. She worked as a financial journalist on Wall Street as well as a writer, editor, and producer covering Internet technology, biotechnology, and stem cell research before pursuing a medical career. She attended Western University of Health Sciences in Pomona and completed her residency at Kaiser Permanente Los Angeles Medical Center. She currently lives and practices in Palm Springs, focusing on gay, lesbian, and transgender health care in both youth and adults.

Dr. Laura Ann Rush, DO

Pronouns: She/Her
Current guidelines for PrEP and PEP

1:00PM - 2:20PM | GH 150

This talk will review the medical literature that supports the use of Pre-Exposure Prophylaxis against HIV infections, current guidelines for its use, and barriers to access of treatment with this approach. This will also review Post-Exposure Prophylaxis.

Dr. Jose L. Aguilar grew up in the Coachella Valley in Southern California. He graduated from UC Riverside, earning his B.S. in biochemistry, and helped found the UCR Medical Scholars Program. He earned his M.D. from the David Geffen School of Medicine at UCLA and conducted his residency at the UCLA/SFV Psychiatry Training Program. He is currently an assistant clinical professor of psychiatry and neuroscience at the UCR School of Medicine, and Chief Medical Officer for TruEvolution, Inc. Dr. Aguilar has expertise on human sexuality, sexual disorders, ethnic and cultural issues, and LGBTQ+ issues. He is a member of the Academy of Consultation/Liaison Psychiatry, Association of Gay and Lesbian Psychiatrists, the Gay and Lesbian Medical Association, the Southern California Lambda Medical Association, and World Professional Association for Transgender Health, and board certified in Psychiatry and Addiction Medicine.
LGBTQ Health Matters – How Pharmacist Can Make An Impact?

2:30PM - 3:50PM | GH 150

This talk will describe best practices for allied health professional diversity training that are inclusive of the LGBTQIA+ community and will review training opportunities available for pharmacists to provide better care of individuals in the LGBTQ community.

Dr. Christina Madison obtained her Doctor of Pharmacy degree from the University of Southern Nevada, College of Pharmacy in 2004. After receiving her doctoral degree Dr. Madison completed her pharmacy practice residency, obtained board certification in ambulatory care, and became credentialed with the Academy of HIV Medicine as an HIV Pharmacist. With over 12 years’ experience in Public Health and over 15 years’ experience as a pharmacist, Dr. Madison is currently an Associate Professor of Pharmacy Practice with Roseman University of Health Sciences (RU). She is also the founder of ThePublicHealth-Pharmacist.com, a website which hosts healthcare provider educational content including continuing education, informational podcasts, and consulting services.
TRACK 4. ENLIGHTEN

Revealing Unaddressed Issues
This session will review some of the social factors that affect Latinx men who have sex men (MSM) health outcomes. We will review challenges Latinx MSM face accessing healthcare. The focus will be on community strengths and resilience. Time will be spent rethinking the role of families in HIV prevention. We will talk about ongoing research and work together to identify gaps in our knowledge and future direction for research with Latinx MSM communities.

Dr. Homero E. del Pino is an Associate Professor in the Department of Psychiatry and Human Behavior at Charles R. Drew University of Medicine and Science and Adjunct Associate Professor in the Department of Psychiatry and Biobehavioral Sciences at the David Geffen School of Medicine at UCLA. His primary research interests include the impact of family relationships on the health outcomes of sexual minority men of color across the life span, substance use, and HIV risk. He is currently the principal investigator of “Entre Herman@s,” an NIH-funded, randomized controlled trial to test the efficacy of engaging the siblings of Latino MSM in the development and dissemination of HIV PrEP-promotion messages.

Pronouns: He/Him
Non-Binary Biological Sex and the Fight for Intersex/DSD Autonomy

1:00PM - 2:20PM | Garry Shandling Learning Studio (B36)

Dr. Michael Kreuzer will speak about the controversial California SB-201 which aims to stop non-therapeutic surgery on infants and children with DSD. He will discuss the rift between advocates and the medical community and the resistance to accepting biological sex as a non-binary. Additionally, he will explain the need for inclusion of non-binary biological sex in medical school, and general biology classes, thus leading to a better understanding of non-binary biological sex, and self-healing of the intersex/DSD community.

Dr. Michael Kreuzer was born in Montreal to a retired US Army Master Sergeant of Dine (Navajo) ancestry and an office clerk of German-Jewish ancestry. At birth he was diagnosed with what is now considered a Difference of Sex Development (DSD). Although surgical interventions were recommended, his parents refused. He attended medical school in Frankfurt/Main, Germany. He served his residency and fellowship at Loma Linda University Medical Center. He is active in improving care for Transgender patients and advocating for intersex/DSD populations. He has done many presentations about intersex/DSD throughout Southern California.

Dr. Michael Kreuzer, MD
Pronouns: He/Him
Elton Naswood
Pronouns: He/Him
Mr. Elton Naswood is of the Near to the Water People Clan, born for the Edge Water People Clan, his maternal grandfather’s clan is of the Mexican People, his paternal grandfather’s clan is of the Tangle People: this is how he is Navajo, Dine. Mr. Naswood was formally a Senior Program Analyst at the Office of Minority Health Resource Center and was the Founder and Program Coordinator for the Red Circle Project, AIDS Project Los Angeles.

Dr. Andrea Garcia is a citizen of the Mandan, Hidatsa, and Arikara Nation, and is Mexican American. Her interests include improving the health of American Indians and Alaska Natives (AIAN) through a population health and health equity lens. At the LA County Department of Mental Health, Dr. Garcia’s clinical work is at the only county-run AIAN mental health clinic in the country. Dr. Garcia graduated with her master’s degree in health and medical sciences from UC Berkeley and her medical degree from UCSF.
THE PLANNING COMMITTEE

Keith Yiu Kei Wong
Pronouns: He/Him
MS2, David Geffen School of Medicine at UCLA

Catherine Bradley
Pronouns: She/Her
MS2, David Geffen School of Medicine at UCLA

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Marissa Valenzuela
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Samuel Du
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SPECIAL THANKS

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Dr. Clarence H. Braddock, III, MD, MPH Vice Dean for Education

DGSOM Office of Equity and Diversity Inclusion
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Dr. Valencia Walker, MD, MPH Assistant Dean
Isadora Avendaño Assistant to the Dean
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DGSOM Office of Career Development & Well-Being
Mary Ann Triest, Ed.D Program Manager for Student Engagement

The Los Angeles LGBT Center
Georgina Galvez Accounting Manager
Marcos Demetrio Staff Accountant

Our Guest Panelists
Guests of Dr. Michael Kreuzer

Organization Fair Participants
AIDS Healthcare Foundation
API Equality-LA
Be the Match
COLORS Program
League of Women Voters of Los Angeles
Southern California LAMBDA Medical Association
Strength United
TruEvolution
UCLA Care

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Conference Logo Designer
Hailey Nelson

Catering
Raquel Ratoviz Ig: @rockiescakes

You, for being here today.